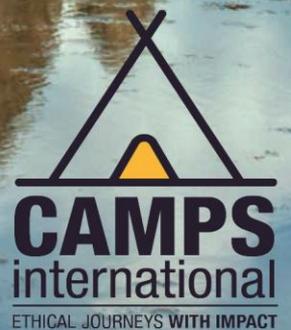


Cambodia



Itinerary

Day 1: Arrive

The team will arrive into Phnom Penh and be taken to their hotel in the city. After settling into accommodation and having lunch, they will go for a tour of the city and visit Wat Phnom Temple and the Royal Palace. Dinner will be a local restaurant before going back to the hotel for an early-night.

Day 2: Phnom Penh Sightseeing Day

Today, the team will learn about the history of Cambodia and the rise and fall of the Khmer Rouge regime by visiting Toul Sleng S21 Genocide Museum and the Killing Fields. It will be an emotional but highly educational experience. Afterwards, the team will visit the popular Russian Market to shop for local handicrafts, snacks and souvenirs before having dinner at a restaurant along the waterfront.

Day 3: Transfer to camp

Transfer to one of our community camps (approx. 3--hrs). Settle into the accommodation and receive a full safety and orientation briefing before a walking tour of the local community and project sites. After dinner, the group will be given a short lesson on the history of Cambodia as well as a local language lesson.

Day 4 – 5: Community Project Work

The next two days will be spent on vital, sustainable project work based on the needs of the local community at the time of travel. Our projects are designed to improve the living standards of a rural community who live below the poverty line and have limited access to sanitation and medical facilities as well as education. There will also be the opportunity to interact, teach English and play games with the local children. In the evenings, the team can enjoy dinner, evening games and a campfire.

Day 6: Transfer to Siem Reap

After a final breakfast in camp, the team will be transferred to Siem Reap City and check in to a central hotel. Visit the Angkor Artisan Workshop to see local craftsman making traditional Khmer items which can also be bought as souvenirs before visiting the local Old Market. The group will eat at a local restaurant in the city before experiencing the famous Phare Cambodian Circus.

Day 7: Siem Reap Temple Tour

Today, is a full day of sightseeing and visiting the world-renowned temples of Cambodia including Angkor Wat and Ta Prohm – made famous by the Lara Croft: Tomb Raider films and the Buddha face temple of Bayon. Experience a traditional Khmer dinner and dance show before returning to the hotel for rest and relaxation.

Day 8: Departure

Transfer to Siem Reap International Airport for the team's departure flight home.

What's included

- International flights
- Comprehensive travel insurance
- Qualified Expedition Leader
- Fully staffed camps and local guides
- Entrance fees for all sights listed in itinerary
- All transfers listed in itinerary in private vehicles
- Accommodation
- All meals
- Unlimited drinking water
- Project costs and management
- 24 hours support throughout expedition

Not included

- Tourist Visa
- Vaccinations
- Spending money
- Additional food and drinks
- Personal equipment

Although it is our intention to operate the itinerary as detailed above, it may be necessary to make some changes as a result of climatic conditions, alteration to flight schedules, or other operational factors.



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