

# Diving Program for UAS Dubai

Dive into adventure with Al Boom Diving



### Introduction

Al Boom Diving is the leading diving and watersports specialist in the U.A.E. with the longest established Program for Schools. We are proud to teach scuba diving to the students of the most prestigious schools in the Emirates. Our scuba diving courses are designed to fit into any School calendar and are run as Week Without Walls, Dive Clubs and day trips throughout the year. Teaching is conducted at our purpose built Jumeriah Dive Center on Al Wasl Road. Boat dives run from our 5 Star Dive Center at Le Meridien Al Aqah to the stunning reefs off the Fujairah Coast. Al Boom Diving offers transport on dedicated buses, under supervision.



## Why Diving? What you will experience:

#### Adventure

- Discover the magical underwater world
- Explore real life adventure in the real world

#### Life skills

- Scuba diving has positive effects on physical, emotional, psychological, and social levels.
- Develop an awareness of safety procedures
- Undertake risk assessments
- Learn how to plan dives safely
- Take responsibility for yourself and your dive buddy.

#### **Education**

- Learn about the physics of diving
- Understand human physiology
- Learn how to use diving equipment safely.

#### **Environment**

- Increase awareness of the underwater environment
- Learn about sustainable diving
- Discover the fascinating underwater ecosystems
- Understand the importance of marine conservation.



## PADI Programs The value and benefits of dive training

- The PADI certification is the most popular dive certification in the world.
   Millions of students have learned to dive this way.
- Life-long certification
- Reassurance of an excellent diving safety record
- Educational aspects of training
- Learning diving skills enhances coordination and builds confidence
- Diving may lead to an exciting career
- Diving provides an active, fun and fulfilling life-long hobby.
- Project Aware







## Courses available at Al Boom Diving

Emergency First Response® Instructor Trainer

Course Director

Master Instructor

**IDC Staff Instructor** 

Master Scuba Diver Trainer

Specialty Instructor

Open Water Scuba Instructor

Assistant Instructor

**PADI Freediver** courses also available

Master Scuba Diver™

**Rescue Diver** 

**Emergency First Response®** Instructor

Emergency First Response® Provid<u>er</u>

Divemaster

**SPECIALTY** 

Adaptive Techniques

ReActivate®

Advanced Open Water Diver

Adventure Diver ◆ ELIGIBLE SPECIALTY

Open Water Diver

Scuba Diver \* ELIGIBLE SPECIALTY

PADI Seal Team

**Bubblemaker** 

Discover Scuba® Diving

Skin Diver

Discover Snorkeling **SPECIALTIES** 

Cavern Diver

Deep Diver •

Ice Diver

Public Safety Diver™

Search and Recovery Diver

Self-Reliant Diver

Wreck Diver •

**SPECIALTIES** 

Adaptive Support Diver

Advanced Rebreather Diver

Altitude Diver

AWARE - Dive Against Debris

AWARE - Shark Conservation Diver

Digital Underwater Photographer

Diver Propulsion Vehicle Diver

**Drift Diver** 

**Drv Suit Diver** 

**Enriched Air Diver** 

Full Face Mask Diver

Night Diver

Peak Performance Buoyancy

Rebreather Diver

Sidemount Diver

**Underwater Naturalist** 

**Underwater Navigator** 

**Underwater Photographer** 

Underwater Videographer

**SPECIALTIES** 

Coral Reef Conservation \*

Project AWARE Specialist \*

Emergency Oxygen Provider \*

Digital Underwater Photographer 3

Visit padi.com

for more information

The way the world learns to dive







## Junior Open Water Diver Course

Our most popular entry-level course for students over the age of 10 years old. Millions of people worldwide have learned to dive this way.

#### The PADI Open Water Diver Course Consists of:

- Five knowledge development sessions conducted in the classroom to teach basic principles of scuba diving.
- Five pool dives to learn basic scuba skills
- Four open water dives to practice skills and explore including two dives off Jumeirah beach & two dives in Al Aqah, Fujairah.
- Optional shark recreational dive in the Dubai Aquarium and Underwater Zoo.

Students above 15 years of age can upgrade the Junior Open Water to Open Water and enjoy access to deeper dives at 18 meters. Students don't need to be Olympic swimmers to learn to scuba dive, just capable of swimming 200 meters at the surface and floating for 10 minutes.



### **Advanced Open Water Diver Course**

Many of our students over 12 years old go on to develop their skills with the Advanced Open Water Diver Course which is designed to build confidence and offer new experiences, activities and specialties.

#### The Advanced Course consists of two adventure dives:

- Deep diver where divers between the ages of 12 and 15 can dive to a maximum depth of 21 meters. Older students dive to 30 meters.
- Underwater navigation which teaches students how to use a compass to navigate underwater which is an essential skill for all divers wishing to dive without professional supervision.

After completing the deep dive and underwater navigation, students choose an additional three adventure dives.



## **Week Without Walls**

Our increasingly popular Week Without Walls teaches students PADI Open Water and PADI Advanced Open Water courses along with exhilarating watersports in Le Méridien Al Aqah Beach Resort.

#### **Itinerary:**



Sunday

8.30am Collection from UAS

9.00am Welcome and Theory sessions 1, 2 & 3

11.30am Lunch

12.30pm Pool sessions 1 – 3

4.00pm Bus leaves the Jumeriah Dive Center on

Al Wasl Road to return to UAS

5.00pm Arrival at UAS

Monday

8.30am Collection from UAS 9.00am Open Water 1 & 2

1.00pm Lunch

2.00pm Conservation Workshop

4.00pm Bus leaves the Jumeriah Dive Center on

Al Wasl Road to return to UAS

5.00pm Arrival at UAS



Tuesday

8.00am Collection from UAS

10.00am Arrival at Le Meridien Al Aqah Beach Resort 10.30am Watersports: motorized and non-motorized.

12.00pm Lunch

1.00pm Excursion dive at the Reef ball conservation project

(Dive against debris)

3.00pm Depart from Al Aqah

5.00pm Arrival at UAS

Wednesday

8.30am Collection from UAS

9.00am Theory sessions 4 & 5, Final Exam

11.30am Lunch

12.30pm Pool sessions 4 & 5

4.00pm Bus leaves the Agua Center on Al Wasl Road

to return to UAS

5.00pm Arrival at UAS





10.00am

7.30am Collection from UAS – depart for Le Meridien Al Aqah

Beach Resort

9.30am Arrival at Le Meridien Al Agah Beach Resort

Two boat dives, Open Water 3 and 4

1.00pm Lunch

3.00pm Depart from Al Agah

5.00pm Arrival at UAS





## Trips for certified divers

For certified Divers we can offer the thrill of diving with sharks in the Dubai Aquarium and Underwater Zoo. Get up close and personal with shark species including Sand Tiger and Nurse sharks. Don't worry, they are perfectly safe! Seeing these magnificent creatures at close range is breath-taking. It really is the experience of a life time and creates an understanding of why protecting these ultimate predators is so important.



## Saturday Dive Club in Fujairah

For certified divers we offer two boat dives off the stunning reefs in Al Aqah where divers will see the teeming marine life including spectacular reef fish, turtles and with a little luck, reef sharks and whale sharks.



### **Reef Balls**

Al Boom Diving has created a unique artificial reef made of eco-friendly Reef Balls which attracts an abundance of marine life. It even has its own resident family of turtles. The project provides a valuable resource for scientific study for schools as well as the opportunity for students to work with us on clean-up operations to maintain the reefs.





Contact **Emma Gooch** on 04 342 2993 Email: schools@alboomdiving.ae www.alboomdiving.com Location: Aqua Center Al Wasl Road

