

Kenya

Flight details

Kenya Airways

	Date	Depart		Arrive	
Outbound	7 th February	Dubai	06:55	Nairobi	11:10
	7 th February	Nairobi	13:00	Mombasa	14:00
Inbound	14 th February	Mombasa	11:40	Nairobi	12:40
	14 th February	Nairobi	14:10	Dubai	20:25

*Flight timings are subject to change dependant on flight scheduling at time of booking

Visa

Please use the below information as a GUIDE only and refer to the Kenya High Commission before applying for a visa. You should apply for single entry tourist visa via <http://evisa.go.ke/evisa.html> which costs approximately \$51. Students under the age of 16 of most nationalities do not require a visa. Afghanistan, Azerbaijan, Armenia, Cameroon, Iraq, Kosovo, Tajikistan, Lebanon, Libya, North Korea, Senegal, Syria, Somalia and Palestine passport holders should visit their nearest embassy. Please be aware you may have to log back on to check status/print visa.

Documents needed:

- Passport (at least 6 months validity from date of return)
- Visa fee
- Passport sized photograph

Vaccinations

It is still important that you consult your doctor or travel clinic prior to travelling to find out which vaccinations you require and to discuss travel health. Please make the doctor aware that as part of the expedition you will be working closely with local school children, staying and working in rural areas and undertaking arduous activities.

The following vaccinations are likely to be recommended:

- Typhoid
- Hepatitis A and B
- Diphtheria/Tetanus/Polio
- Meningococcal meningitis (A&C)

Additionally, the following optional vaccinations may be recommended:

- Cholera
- Rabies
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Yellow Fever Vaccination

Yellow Fever is an entry requirement if you are coming from or have transited through a country that has a high risk of Yellow Fever.

As part of our contingency plans we could move the team into one of our reserve locations (Tanzania) in which case the Yellow Fever vaccination is required in order for you be granted entry across the border. Once you have had your Yellow Fever vaccination you will be issued a certificate, that you will need to show to immigration staff, so please ensure that you keep the Yellow Fever Certificate with your passport for your expedition.

Some vaccinations require administration up to 6 months before departure. Many vaccines have a relatively long duration of protection (3 months to 10 years) and so it is a good idea to visit the doctor to discuss what is needed well in advance of travel.

Further information about vaccinations and travel health and can be found on the NHS Fit for travel website: <https://www.fitfortravel.nhs.uk/destinations/africa/kenya>

Please be aware that we are not medical experts, so you must seek professional advice from your doctor or a travel clinic on all the above. These medical experts will make recommendations based on your medical history, we can not.

Behaviour

Code of Conduct

Due to the nature of the expedition environment it is essential you follow the instructions given by the staff accompanying you, failure to do so can endanger yourself and your team.

Therefore, if there is any behaviour that breaks the code of conduct whilst abroad, then the accompanying staff do have a warning system which they will implement. This could mean that you may miss out on certain parts of the expedition – and no-one wants this to happen! If the behaviour does not improve or escalates after being administered a warning, then we do have the right to send home a student at their parent's cost.

FAQ's

What type of bag should I take?

A backpack (around 60-80L) is best but if this is not possible a duffle bag or holdall would also be ideal. Wheeled suitcases are not appropriate due to the terrain of our camp.

How much money do I need to take with me?

We suggest a maximum of \$80 - \$100 spending money, this needs to be in US dollars or Kenyan Shillings.

What will the accommodation be like?

It will be in bandas or tents but arranged to ensure male and female students have separate accommodation, the camps have basic but comfortable permanent structures. There will also be communal social and dining areas. Accommodation is basic but clean and comfortable.

Will there be bugs and insects there?

More than likely, they come with being in the great outdoors! We recommend you carry insect repellent with you that contains DEET and cover up with long sleeved tops and trousers in the evening.

What is the weather going to be like?

Warm throughout the year with average temperatures of 30°C, rain showers can be expected from November to May. Evenings can be slightly cooler so an extra layer may be appreciated.

Is there a particular dress code I need to adhere to?

We ask that you dress appropriately in respect of local laws and cultures.

What kind of gloves do I need for project work?

Your work gloves need to cover and protect your hands from the wrist to the fingers. Garden gloves are acceptable, marigolds are not suitable, work gloves are best.

How much validity do I need on my passport?

You need at least 6 months validity left on your passport from the date you arrive back home.

What will the food be like?

It will be local delicacies including home grown produce with things such as curries, rice, potatoes and chapattis. Some western options may be available at some meal times as well as fresh fruits at every meal. Breakfasts tend to consist of eggs, beans or sausages, all served with bread and fruit options. Most dietary requirements can be met, but please ensure you disclose these before travel to allow our in-country team to plan and prepare for your arrival.