

Universal American School: High School
Swiss Leadership Camp
A unique & exciting trip with
measurable learning outcomes

**Optional webinar for all questions &
presentation: October 12th 5pm Dubai Time**

<https://zoom.us/j/365691105>



The UAS Swiss Leadership Camp for High School

The Swiss Leadership Camp for UAS High School

The Swiss Leadership Camp is specifically designed for school groups and is a unique and exciting course for High School students in Chateau d'Oex in Switzerland. Students learn by doing amazing activities and develop leadership and communication skills, goal setting, time management techniques and learn to collaborate more effectively in teams while working on exciting challenges and great outdoor activities in a unique mountain setting with experienced trainers, professional mountain guides and coaches. See also the trip brochure with all information and the full day to day programme.

The activity packed programme for High School students is suitable for all fitness and experience levels and includes rock climbing, snowshoeing, a high ropes course, glacier visit, fire building workshop, canyoning, visit to the United Nations, Video production, Mountain Hike and many leadership challenges.

At the end of the camp students return to school with their personal action plans, certificates, new friends, better bonding and new leadership skills that they can use during school, sports and their daily lives.



Watch the video
[YouTube.com/SILCacademy](https://www.youtube.com/SILCacademy)

Fees

The fees are all inclusive and cover all expenses including flights, the full programme and insurance. There are no other costs.
AED 9.500 incl all costs and flights.

More Information: personal contact

In case you have any questions you can always contact us at:

Email: campmanager@swissleadershipcamp.com

Phone: +31 685 39 28 42 / +41 77 960 74 42

The Swiss Leadership Camp and work with top schools

We are a premier Student Leadership organisation with over 11 years of experience in the education industry and are proud member of a variety of international school organisations and councils such as the BSME, AAIE, EARCOS, ECIS and NESA. We work with students from the most prestigious schools around the world -of which many in the UAE to unlock student potential with our school workshops, school camps, our two week summer camps in Switzerland and one day conferences around the world. Our programmes are specially designed using our curricular framework to combine amazing activities and fun games alongside outdoor activities, workshops and evaluations, and has proven to be a powerful tool for developing student learning and leadership skills.



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Programme for UAS High School

A unique experience: great activities whilst learning valuable skills

Day Wake Up Breakfast	Day 1 7:30 8:00	Day 2 7:30 8:00	Day 3 7:30 8:00	Day 4 7:30 8:00	Day 5 7:30 8:00	Day 6 7:30 8:00
Morning 9:00-12:00	Leadership skills integrated with all activities <i>We combine two of our flagship leadership modules in one exciting programme to integrate essential leadership skills like goal setting, identifying needs of others, priorities, communication skills and effective action with all the activities. Students learn while doing and this skill based approach helps students to understand drivers of personal performance. Using skills as a starting point helps students to apply learning outcomes not only during camp but also at school and in their daily lives while they finish with a Personal Action Plan.</i>	Snowshoeing, First Aid & Fauna and Flora <i>Snowshoeing together with a guide offering breathtaking views and pure nature. Explores first aid techniques in the mountains & learning more about local flora and fauna. Suitable for all experience and fitness levels.</i>	Cross-country skiing <i>Comprehensive introduction to a new sport with qualified instructors. Suitable for all experience and fitness levels. After receiving basic training and playing some games to improve their skills, students challenge themselves to complete a course.</i>	Glacier: The Big Search <i>Learn lessons from professional mountain guides on how to manage expeditions and rescues, the importance of planning in the process, how these skills relate to every day life while practicing a simulated rescue in the snow with beacons.</i>	Communication Workshop <i>Communication and Presentation module with role playing and analysis of presentations. Games played include the Zoom Game, the Interview Game and the Talent Game.</i>	Prize Giving, Personal Certificates & Departures <i>Students work on their Personal Action Plans, connecting what they've learned to their own daily lives and play one final game before departure.</i>
Lunch 12:00	 Arrivals & Check-in <i>Welcome speech, presentation of the programme and welcome lunch</i>	Campus Lunch	Campus Lunch	Packed Lunch	Campus Lunch	Campus lunch
Afternoon 13:00-17:00		Leadership Challenges <i>Some of our most renowned leadership challenges like The Airplane Game in teams.</i>	The Boat Game <i>Team challenge to plan and build a boat and to really use it at the Gstaad swimming pool, seeing which boat stays afloat the longest. Afterwards students can swim in the pool, use slides, diving boards and open air heated pool.</i>	Glacier Expedition <i>An adventure where guides help students navigate through a maze of ice. Includes the famous peak tour between 2 peaks offering views of the Matterhorn & Mont Blanc and igloo building or sledging.</i>	Visit Authentic Cheese Factory and the village of Gruyere <i>Visit a local and authentic cheese factory in the authentic village of Gruyere and its famous castle.</i>	United Nations + visit Geneva <i>Visit the international city of Geneva and the United Nations head office. (activity dependant on departure time)</i>
Leadership Topic of the day	Leisure Time	Goal Setting	Choices and Priorities	Optimisation	Communication skills	Departures
Dinner 18:30	Campus	Campus	Campus	Campus	Campus <i>Swiss cheese fondue</i>	
Evening activities 19:30-22:00	Intro Leadership Training <i>Introduction to goal setting, time & stress management, team roles and presentation techniques</i>	Leadership Workshop <i>Students learn to optimise their goals and practice through a game in this leadership workshop.</i>	Unique Mountain Challenge <i>Navigation to secret mountain lake together with guides and trainers.</i>	Fire building and campfire <i>Students learn how to make a fire and celebrate with a campfire with live music and marshmallows.</i>	Ice Skating <i>Learn from the best, and skate around the Ice Skating venue of the 2020 Youth Olympic Games!</i>	

All outdoor activities are supervised and guided by certified local guides while senior trainers facilitate development of leadership skills.

All activities are related to the proposed leadership modules like goal setting, time management and team roles.

Outdoor activities, sports and leadership modules can be adapted to personal preferences.

Good to know

An incomparable track record and the best service

The Swiss Leadership Camp is great for students who want to;

- Have the time of their life while developing leadership skills,
- Enjoy amazing activities and expeditions in a beautiful Swiss mountain environment,
- Learn about teamwork, presentation, communication and goal setting skills from renowned experts and professional trainers,
- Enjoy quality boarding and be part of a once in a life time experience,
- Have FUN!

What you need besides your smile

- We provide families with a full info package including dietary requests, packing list, health form and daily blogs.
- A full packing lists will be provided but to give an idea of items on the list: regular clothes, hiking shoes for activities, warm fleece, water and wind resistant jacket, gloves, sunglasses and hat for glacier expedition.
- All other materials for activities are provided by the camp.
- No extra supplies or vaccination needed.
- Visa for Switzerland is easy to get -For UAE passport holders no visa is required- and we provide all students with a support letter for the embassy if required.



Also good to know: diets, insurance, learning and suitable for all

- We offer a unique combination of activities that can be enjoyed by all students regardless of age, fitness level or experience.
- Due to the great team building, leadership training, coaching and outdoor activities it is a perfect opportunity to learn valuable skills and make new friends.
- Students from Grade 9-11 will be working together during various activities and learn from each other. Older students learn to take more responsibility for younger ones and younger students learn from older students. The double rooms are allocated based on age so students of the same age share a room.
- We cater for all diets including but not limited to religious diets, halal, pork free, vegetarian, 100% gluten free, sugar free and other personal requests.
- A Swiss health insurance is included and covers all activities.

Daily blog

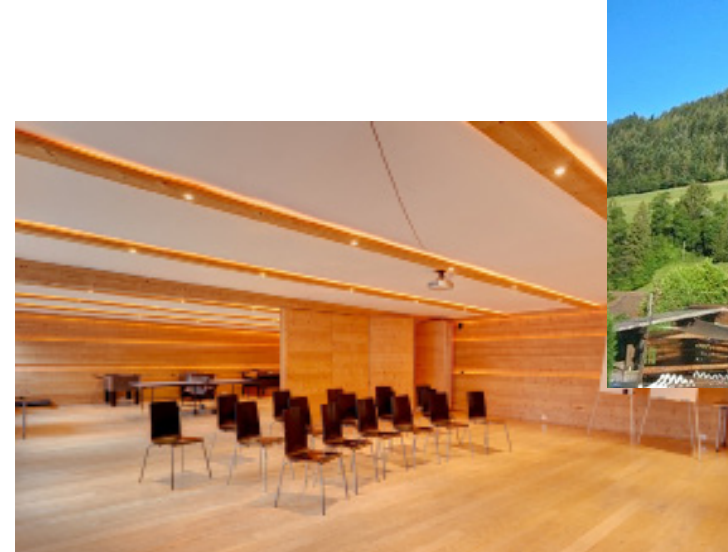
- We publish a daily blog including pictures that can be accessed by all families in a private online portal. Login details will be provided before the start of the camp.



Our campus in Chateau d'Oex

Safe & quiet in the heart of Pays-d'Enhaut

- High standard accommodation, authentic wooden and stone Swiss chalet.
- Mountains, forests and lakes surround our campus and we are close to all activities.
- Our chef prepares healthy, fresh and balanced menus for all diets.
- Students share rooms with 1 other student (double rooms) or more friends if preferred -up to four maximum
- All rooms have ensuite bathrooms.
- Boys and girls separated by floors.
- Beautiful mountain campus on the edge of Chateau d'Oex in a safe and quiet setting
- Spacious dining room and a large terrace overlooking the valley.
- Dedicated conference room.
- Purpose designed pitch for sports games.





Swiss Leadership Camp See you soon.

See the personal video message from our student ambassador and British skiing champion Robyn: [YouTube/SILCacademy](#)

