

Universal American School: Middle School
Swiss Leadership Camp
A unique & exciting trip with
measurable learning outcomes

**Optional webinar for all questions &
presentation: October 12th 4pm Dubai Time**

URL: <https://zoom.us/j/420852326>



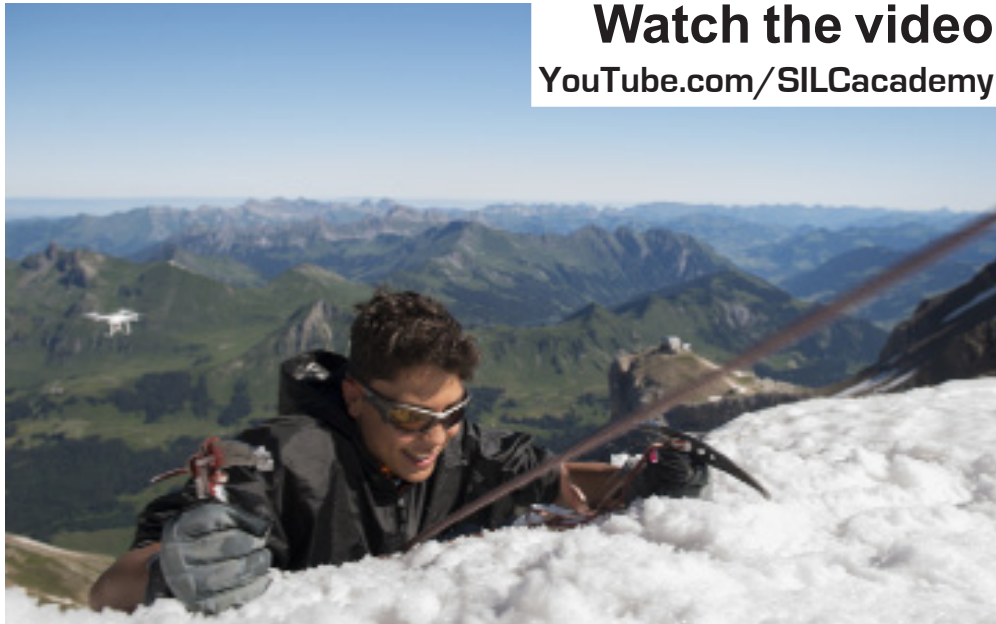
The UAS Swiss Leadership Camp for Middle School

The Swiss Leadership Camp for UAS Middle School

The Swiss Leadership Camp is specifically designed for school groups and is a unique and exciting course for Middle School students in Gstaad in Switzerland. Students learn by doing amazing activities and develop leadership and communication skills, goal setting, time management techniques and learn to collaborate more effectively in teams while working on exciting challenges and great outdoor activities in a unique mountain setting with experienced trainers, professional mountain guides and coaches. See also the trip brochure with all information and the full day to day programme.

The activity packed programme for Middle School students is suitable for all fitness and experience levels and includes rock climbing, a bushcraft session, ice skating, an amazing race in the Swiss forest, archery, Mountain and Snow adventure, tobogganing, night sensory, a visit to the United Nations, a chocolate workshop and many leadership challenges.

At the end of the camp students return to school with their personal action plans, certificates, new friends, better bonding and new leadership skills that they can use during school, sports and their daily lives.



Watch the video

[YouTube.com/SILCacademy](https://www.youtube.com/SILCacademy)

Fees

The fees are all inclusive and cover all expenses including flights, the full programme and insurance. There are no other costs.
AED 9.500 incl all costs and flights.

More Information: personal contact

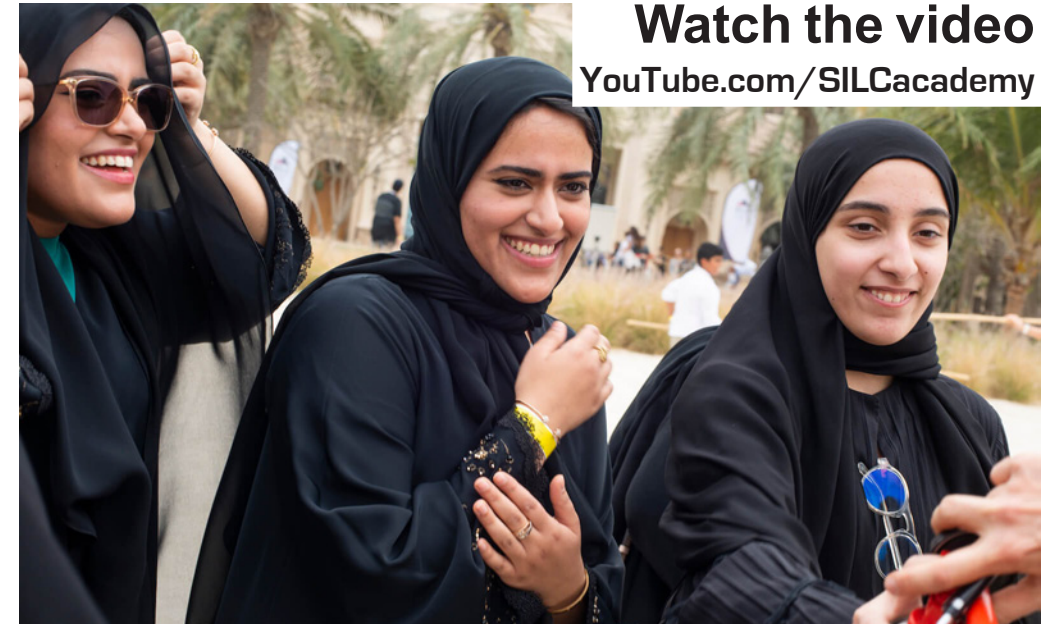
In case you have any questions you can always contact us at:

Email: campmanager@swissleadershipcamp.com

Phone: +31 685 39 28 42 / +41 77 960 74 42

The Swiss Leadership Camp and work with top schools

We are a premier Student Leadership organisation with over 11 years of experience in the education industry and are proud member of a variety of international school organisations and councils such as the BSME, AAIE, EARCOS, ECIS and NESA. We work with students from the most prestigious schools around the world -of which many in the UAE to unlock student potential with our school workshops, school camps, our two week summer camps in Switzerland and one day conferences around the world. Our programmes are specially designed using our curricular framework to combine amazing activities and fun games alongside outdoor activities, workshops and evaluations, and has proven to be a powerful tool for developing student learning and leadership skills.



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Programme for UAS Middle School

A unique experience: great activities whilst learning valuable skills

Day Wake Up Breakfast	Day 1 7:30 8:00	Day 2 7:30 8:00	Day 3 7:30 8:00	Day 4 7:30 8:00	Day 5 7:30 8:00	Day 6 7:30 8:00
Morning 9:00-12:00	Leadership skills integrated with all activities <i>We combine two of our flagship leadership modules in one exciting programme to integrate essential leadership skills like goal setting, identifying needs of others, priorities, communication skills and effective action with all the activities. Students learn while doing and this skill based approach helps students to understand drivers of personal performance. Using skills as a starting point helps students to apply learning outcomes not only during camp but also at school and in their daily lives while they finish with a Personal Action Plan.</i>	Tobogganing <i>Adrenaline-packed activity where students race rubber tubes down specially prepared snowy runs at 50 km/h speeds!</i>	The Amazing Race <i>Students compete in some of our renowned leadership challenges such as The Pyramid, The Catapult and The Mohawk Walk, all as part of a competition to see which team can work together most effectively. Evaluation and feedback after each activity to turn it into a valuable learning experience</i>	Mountain & Snow Adventure <i>Visit a 2.000 meter high mountain covered in snow while building ig-loos, learning more about mountain and avalanche rescue from mountain guides and partake in an amazing sledding race down a 7 km track!</i>	Archery <i>Visit the World Archery Excellence centre in Lausanne and learn from professionals in a dynamic archery session while applying principles of goal setting. Includes a guided visit of the building which is a model of sustainable construction.</i>	Prize Giving, Personal Action Plans, Certificates & Departure <i>Students work on their Personal Action Plans, connecting what they've learned to their own daily lives and play one final game before departure.</i>
Lunch 12:00	 Arrivals & Check-in <i>Welcome speech, presentation of the programme and welcome lunch</i>	Packed Lunch	Campus Lunch	Packed Lunch	Packed Lunch	Campus or Packed Lunch
Afternoon 13:00-17:00		Rock Climbing <i>Comprehensive introduction with qualified experts using a local site. After understanding safety rules and basic techniques, using modern equipment and under expert guidance, students tackle climbs in line with their abilities & work on goals, teamwork, and communication.</i>	Bushcraft <i>Students learn about survival in the outdoors and build shelters and fires on the forest floor in the outdoors. Students get to experience cooking a snack on an open fire.</i>	Mountain & Snow Adventure <i>Visit a 2.000 meter high mountain covered in snow while building ig-loos, learning more about mountain and avalanche rescue from mountain guides and partake in an amazing sledding race down a 7 km track!</i>	Visit hydro-electric power plant and Cailler chocolate factory <i>Interactive visit to an ecological power plant where students learn about sustainability, followed by a visit to a chocolate factory with an interactive tour and a chocolate buffet. Students can visit the shop at the end to buy gifts to take home.</i>	United Nations + visit Geneva <i>Visit the international city of Geneva and the United Nations head office. (activity dependant on departure time)</i>
Leadership Topic of the day	Leisure Time	Goal Setting	Perform as a TEAM	TEAM Roles	Sustainability	
Dinner 18:30	Campus	Campus	Campus	Campus	Campus <i>Special Surprise Dinner</i>	
Evening activities 19:30-22:00	Torch walk & Campfire <i>A light walk through the fields with fire torches to a stunning view and campfire under the stars.</i>	Night sensory <i>How would you cope if you couldn't see? Students experience the Swiss outdoors fully, by using all their senses</i>	Ice Skating <i>Learn from the best, and skate in the open air village rink with your friends!</i>	Chocolate Workshop <i>Students create their own Swiss chocolates as part of our fun SILC Chocolate Workshop.</i>	The Chair Game & Campfire <i>A game on sustainability and global citizenship followed by live music and marshmallows round a campfire!</i>	

All outdoor activities are supervised and guided by certified local guides while senior trainers facilitate development of leadership skills.

All activities are related to the proposed leadership modules like goal setting, time management and team roles.

Outdoor activities, sports and leadership modules can be adapted to personal preferences

Good to know

An incomparable track record and the best service

The Swiss Leadership Camp is great for students who want to;

- Have the time of their life while developing leadership skills,
- Enjoy amazing activities and expeditions in a beautiful Swiss mountain environment,
- Learn about teamwork, presentation, communication and goal setting skills from renowned experts and professional trainers,
- Enjoy quality boarding and be part of a once in a life time experience,
- Have FUN!

What you need besides your smile

- We provide families with a full info package including dietary requests, packing list, health form and daily blogs.
- A full packing lists will be provided but to give an idea of items on the list: regular clothes, hiking shoes for activities, warm fleece, water and wind resistant jacket, gloves, sunglasses and hat for glacier expedition.
- All other materials for activities are provided by the camp.
- No extra supplies or vaccination needed.
- Visa for Switzerland is easy to get -For UAE passport holders no visa is required- and we provide all students with a support letter for the embassy if required.



Also good to know: diets, insurance, learning and suitable for all

- We offer a unique combination of activities that can be enjoyed by all students regardless of age, fitness level or experience.
- Due to the great team building, leadership training, coaching and outdoor activities it is a perfect opportunity to learn valuable skills and make new friends.
- We cater for all diets including but not limited to religious diets, halal, pork free, vegetarian, 100% gluten free, sugar free and other personal requests.
- A Swiss health insurance is included and covers all activities.

Daily blog

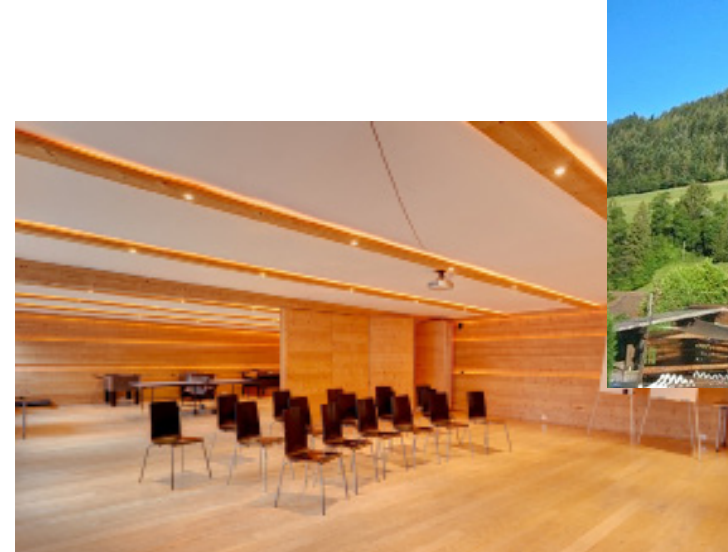
- We publish a daily blog including pictures that can be accessed by all families in a private online portal. Login details will be provided before the start of the camp.



Our campus in Chateau d'Oex

Safe & quiet in the heart of Pays-d'Enhaut

- High standard accommodation, authentic wooden and stone Swiss chalet.
- Mountains, forests and lakes surround our campus and we are close to all activities.
- Our chef prepares healthy, fresh and balanced menus for all diets.
- Students share rooms with 1 other student (double rooms) or more friends if preferred -up to four maximum
- All rooms have ensuite bathrooms.
- Boys and girls separated by floors.
- Beautiful mountain campus on the edge of Chateau d'Oex in a safe and quiet setting
- Spacious dining room and a large terrace overlooking the valley.
- Dedicated conference room.
- Purpose designed pitch for sports games.





Swiss Leadership Camp See you soon.

See the personal video message from our student ambassador and British skiing champion Robyn: [YouTube/SILCacademy](#)

