

<u>Tanzania</u>

Flight details

Fly Dubai

	Date	Depart		Arrive	
Outbound	20 th February	Dubai	23:10	Kilimanjaro	04:15 +1
Inbound	28 th February	Kilimanjaro	22:45	Dubai	05:35 +1

*Flight timings are subject to change dependant on flight scheduling at time of booking

<u>Visa</u>

Please use the below information as a <u>GUIDE</u> only and refer to the Tanzania High Commission before applying for a visa. You should apply for a single entry tourist visa which costs approximately \$50 through the online application

<u>https://eservices.immigration.go.tz/visa</u> or directly from the Tanzania Embassy. Nationalities that need to go in person to Tanzania consulate/embassy; Lebanese, Syrian, Iranian, Pakistani, Bangladesh, Afghanistan, Sri Lankan. But all nationalities should check they can

get one online before applying.

Documents needed;

- Passport (at least 6 months validity from date of return)
- No objection letter from sponsor
- Return flight ticket need to request from <u>uae-operations@campsinternational.com</u>
- Visa fee
- 2 passport sized photographs

Vaccinations

It is still important that you consult your doctor or travel clinic prior to travelling to find out which vaccinations you require and to discuss travel health. Please make the doctor aware that as part of the expedition you will be working closely with local school children, staying and working in rural areas and undertaking arduous activities.

The following vaccinations are likely to be recommended:

- Typhoid
- Hepatitis A and B
- Diptheria/Tetanus/Polio
- Meningococcal meningitis (A&C)

Additionally, the following optional vaccinations may be recommended:

- Cholera
- Rabies

Some vaccinations need to be administered up to 6 months before departure so the earlier the appointment the better. Unfortunately, the cost of vaccinations do vary. Some doctors surgeries provide all or most vaccinations free of charge, where as others will charge a fee for each vaccination. There is currently no regulation in place that determines what surgeries can or cannot charge and in some cases, Travel Clinics can provide a cheaper alternative so do shop around.

Further information about vaccinations and travel health and can be found on the NHS Fit for travel website. <u>https://www.fitfortravel.nhs.uk/destinations/africa/united-republic-of-tanzania</u>

Whilst we have varying talents in the office, we are not medical experts so we must insist that you seek professional advice from a doctor on all of the above. Most decisions are based on personal medical history, which they will have access to.



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Yellow Fever Vaccination

Yellow Fever is an entry requirement if you are coming from or have transited through a country that has a high risk of Yellow Fever.

As part of our contingency plans we could move the team into one of our reserve locations (Kenya or Uganda) in which case the Yellow Fever vaccination is required in order for you be granted entry across the border. Once you have had your Yellow Fever vaccination you will be issued a certificate, that you will need to show to immigration staff, so please ensure that you keep the Yellow Fever Certificate with your passport for your expedition.

If you can't have the yellow fever vaccination for medical reasons or you doctor advices against it, please ask your doctor for a medical exemption certificate and take this with you when you travel.

Some vaccinations require administration up to 6 months before departure. Many vaccines have a relatively long duration of protection (3 months to 10 years) and so it is a good idea to visit the doctor to discuss what is needed well in advance of travel.

Please be aware that we are not medical experts, so you must seek professional advice from you're doctor or a travel clinic on all the above. These medical experts will make recommendations based on your medical history, we cannot.

FAQ's

How much money do I need to take with me?

We suggest a maximum of \$80 - \$100 spending money. This needs to be in US dollars.

What will the accommodation be like?

It will be tented but arranged to ensure male and female students have separate accommodation, the camps have basic but comfortable semi-permanent structures. There are also communal social and dining areas.

Will there be bugs and insects there?

More than likely, they come with being in the great outdoors! We recommend you carry insect repellent with you that contains DEET and cover up with long sleeved tops and trousers in the evening.

What is the weather going to be like?

January – March; around 30°C/88°F May – August; around 25°C/77°F March, April, November and December; Rainy months June – October; Dry months

Is there a particular dress code I need to adhere to? We ask that you dress appropriately in respect of local laws and cultures.

What kind of gloves do I need for project work?

Your work gloves need to cover and protect your hands from the wrist to the fingers. Garden gloves are acceptable, marigolds are not suitable.

What will the food be like?

It will be local delicacies including home grown produce with dishes such as curries, rice, potatoes and chapattis. Western options may be available at some meal times as well as fresh fruits throughout the day. Most dietary requirements can be met, but please ensure you disclose these before travel to allow our in-country team to plan and prepare for your arrival. nationalities are required to apply at least 3 months in advance of travel.

How much validity do I need on my passport?

You need at least 6 months validity left on your passport from the date you arrive back home.



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