



المدرسة العالمية الأمريكية
UNIVERSAL AMERICAN SCHOOL

Al-Futtaim Education Foundation

STAY HOME IF UNWELL POLICY

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| Owner | Director |
| Author | Dr. Asra Syeda |
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Purpose/Scope:

- To prevent the spread of infections by cross contamination.
- To ensure the sick child takes enough rest.
- To enhance speedy recovery from the illness.
- To prevent the risk of development of a more serious health condition.
- To boost the immune system to decrease the risk of future illness.

Policy Statement:

- If your child has fever (temperature more than 37.5 Celsius), keep him/her home until he/she is fever free for at least 24 hours without the use of any fever reducing medications.
- If your child has vomiting and is feeling unwell, keep him/her home until 24 hours after their last episode.
- If the child has diarrhoea and is feeling unwell, keep him/her home until 24 hours after their last episode.
- If your child has vomiting associated with diarrhoea, keep him/her home from school until 48 hours after their last episode.
- If your child shows any of the symptoms of upper respiratory infection like cough, runny nose, shortness of breath, sore throat, loss of smell, loss of taste and headache, keep him/her home until he/ she is free of symptoms.
- If your child has streptococcal sore throat, keep him/her home until 24 hours after starting an antibiotic.
- If your child has bacterial/viral conjunctivitis, keep him/her home until 24 hours after starting an antibiotic.
- If your child has a known contagious infection like chickenpox, measles, mumps, rubella, hand-foot-mouth disease, influenza, keep him/her home until he/she is free from the infection.
- Children taking antibiotics for contagious bacterial infections should be kept home for 24 hours after their first dose.
- If your child is unable to participate in normal everyday activities, such as PE or outdoor play, then the child should not be in school.



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Reporting Requirements:

A child who has suffered from a known contagious infection like chickenpox, measles, mumps, rubella, hand-foot-mouth disease, influenza should provide a medical fitness certificate to the school clinic from the treating physician that the child is fit and free from infection before attending school.

Dr. Asra Syeda
School Doctor